



**Monthly Group Meeting**

Tuesday, May 20, 6:30 p.m.  
707 W. Houston St., Tyler, Texas

**Contact**

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Tina Loper, Pat Settle, Sam Smith,  
Mary Ann Girard, Carol Johnson,  
Carol Thompson, Patricia Miller,  
David & Teresa Terrell,  
Charisse Smith, Mary Lingle

Jim & Karen Roach, Regional  
Coordinators, (817) 244-0116

TCF National Organization  
Toll Free: (877) 969-0010  
[www.compassionatefriends.org](http://www.compassionatefriends.org)

**The Meeting Agenda**

6:30 p.m. ....  
Meeting will begin with refreshments followed by announcement of birthdays and anniversaries and reading of the Credo. We will then have open discussion.  
8:00 p.m. ....  
Meeting will close by recognizing our childrens' names. Feel free to visit after the meeting or check out books from our library.

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**We will be holding our 5th Annual Butterfly Release on May 17 at 1 p.m. at the First Baptist Church South Campus, 2813 and Hwy. 69 S.**

Monarch butterflies are available if you would like to release your own butterfly in memory of your child. The deadline to preorder is May 10th, and your payment of \$10 must be received prior to the butterfly release. You may purchase butterflies the day of the release until 12 noon for \$15.



Please let us know if you would like to help this year in honor and in loving memory of your child. (See announcements on page 3 for more information, or call (903) 258-2547.)

**Thanks to the First Baptist Church South Campus for allowing us to hold our Annual Butterfly Release at your beautiful facilities for the last 5 years! We appreciate you so much!**

**Photos from last year's Butterfly Release**



**The mission of The Compassionate Friends** is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



*We need not walk alone.*

"The lasting gift that any loved one gives us is their presence in our hearts. It is up to us to dedicate ourselves to integrating that loving spirit into our ongoing lives." —Carol Staudacher, from "A Time to Grieve"

## Welcome

We extend a warm welcome to those who attended their first TCF meeting last month.

We deeply regret the circumstances that brought you to our TCF Chapter. The Compassionate Friends is a mutual assistance, not-for-profit, self-help organization that offers support and understanding to families who have experienced the death of a child. You are cordially invited to attend our monthly meeting (always the third Tuesday of the month). The meeting is open to everyone and free of charge. You are free to talk, cry or to sit in silence; we respect the individuality of mourning. Comments shared in the meetings remain confidential.

Our chapter is operated entirely by volunteers dedicated to furthering the work of TCF. Your voluntary, tax deductible donations honor your loved one(s) in a meaningful way by enabling us to print and mail this newsletter and meet other expenses involved in reaching out to other grieving families (100% of funds are used for this outreach). Donations, along with the name of the person being honored, may be sent to:

The Compassionate Friends of Tyler  
P.O. Box 9714  
Tyler, Texas 75711

## To Our New Members

Coming to your first meeting is the hardest thing to do. But, you have nothing to lose and much to gain. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third or fourth meeting might be the time you will find the right person—or just the right words spoken that will help you in your grief work.

## To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting we have new parents. Think back—what would it have been like for you if there had not been any "oldies" to welcome you, share your grief and encourage you? It was from them you heard, "Your pain will not always be this bad; it really does get softer."

## Mother's Day...Father's Day... Graduations...Proms

Spring comes—and with it comes the uneasy awareness of difficult days ahead. For those who are still going through all the "firsts" without your child, we share with you some special ways other parents have coped and managed. Mother's Day...Father's Day...graduations...vacations...these are special family times which often catch us unaware and bring unexpected tears and painful memories of young lives cut short. It does get better! And you can make these special days better with some planning and with encouragement from those who have already been there. Whatever the "special day" that lies ahead for your family, try to focus on doing something meaningful and tangible in remembrance of your child. Share as a family thoughts and suggestions about planting a tree or starting a rose garden, donating a book to the library or school, putting flowers on the altar, lighting a special candle or taking that long talked-of vacation. Tears and moments of sadness are okay, for they are expressions of love.

Remember:

- Take one day at a time.
- Keep things simple by playing down the holidays and special days, while they are so painful.
- Change your routine from past years.
- Make plans to be "busy" during at least part of the day (go out to lunch or to a movie, or visit friends).
- Give your older children some "space." They not only feel your extreme sadness at these times; they also have their own feelings to deal with.

The anticipation is often worse than the day itself!

*From Fox Valley TCF Chapter, Aurora, Illinois*

**Please share your stories, poems or love messages for inclusion in our newsletter.**

**This month's printing of our newsletter sponsored by:**

### Susan Cason-Parks, LCSW

A decade of experience counseling individuals and families. Therapy for adults, adolescents, children and geriatrics, including but not limited to:

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- Anger Management
- Substance Abuse
- Eating Disorders
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**Call (903) 258-2547 to sponsor a monthly newsletter.**



*We need not walk alone.*

"Don't be afraid to cry in front of, or with your children. They need to know that it is alright to cry." —*Kim Brundt*

## Love Gifts



Cheri Zucca in memory of Leah

Phyllis & Dale Cavazos in memory of Chad

Claudette Brown in memory of Terry

Lisa Kirley in memory of Sarah Harvey

Donald Sanders in memory of Jonathan

Ce Ce Brotten in memory of Missy

Jean Gimble in memory of Cason

Tina Loper Deramus in memory of Christopher

Danny, Pat & Stephen Settle in memory of Stephanie

Joyce Stewart in memory of Stephanie Settle

Victor & Margie Newman in memory of Jeremy

Bobby & Jo Poynter in memory of Austin Dixon

Sarah Finke in memory of Jamie

Shalina Ramirez in memory of Bryce Cooksey Ramirez

David & Teresa Terrell in memory of Andy -  
donated balloons for the butterfly release

Don & Leslie Dixon in memory of Austin -  
cut out wood butterflies for the butterfly release

Patricia Miller in memory of Shanna Redmond -  
donation from Home Depot for the butterfly release

Charisse Smith in memory of Ben -  
donation of craft items for the butterfly release

Mary Ann Girad in memory of Joe Maland -  
made and donated fans for the butterfly release

Doug & Shelley Johnson in memory of Douglas -  
cut out wood butterflies for the release

Tim Minatrea in memory of Tosha -  
finding a meeting place for the new Tyler TCF  
meeting to be held in the Athens area

Thanks to Carol Johnson in memory of Jared Sheets &  
Tawna Andrews in memory of Joshua for applying online for  
the Hamburger Helper Hometown Grant.

David & Teresa Terrell in memory of Andy Terrell -  
use of a storage building

College-Bound Solutions for allowing TCF of Tyler  
to use their facilities as our meeting place -  
in memory of Nathaniel Peter Bolom

## Special Thanks!

**A special thanks to Claudette Brown, in memory of  
Terry Brown, for pledging a monthly donation.  
Claudette lives too far away to make it to the TCF meet-  
ings, but appreciates the newsletter and TCF events.**

## Announcements

**We will be holding our 5th Annual Butterfly Release** on  
May 17 at 1 p.m. at the First Baptist Church South Campus,  
2813 and Hwy. 69 S.

Monarch butterflies will be available if you would like to  
release your own butterfly in memory of your child. The dead-  
line to preorder is May 10th, and your payment of \$10 must  
be received prior to the butterfly release. You may purchase  
butterflies the day of the release until 12 noon for \$15.

We are also personalizing the wood butterflies for an addi-  
tional charge this year. If you want a butterfly designed  
specifically for your child, please let us know. Football, base-  
ball, softball, cheerleading, military, etc., are a few of the  
designs available. Personalized butterflies are \$20 and need  
to be paid for in advance.

*Please let us know if you would like to have your child's  
name read at the release, and we will add it to the list.*

If you are interested in donating refreshments this year, or  
would like to help with the set up, in honor and in loving  
memory of your child, please contact us at info@tylertcf.org,  
or call (903) 258-2547.

**Yard Sale Donations!** If you would like to help with, or  
donate items for our fundraising yard sale, please contact us  
for drop off or pick up at (903) 258-2547.

**Athen's Area Meeting:** The first Tyler TCF meeting to be held  
in the Athen's area will be May 6, beginning at 6:30 p.m.  
**Directions:** The church is located on 198 and Manning Street  
in Gun Barrel, City. On Manning street you can only turn one  
way. There is also an Eye Center on the corner. You will see  
the church behind the liquor store and there is an Italian  
restaurant across the street from where you turn.

**Casey Rivers Benefit Concert!** We are finalizing details on  
this fundraising benefit! Be sure to check our newsletter and  
website for details. If you know someone who would like to  
help sponsor the concert, please contact us!

**Email Addresses:** If we do not have your email address or it has  
changed, please email it to Tina or Pat so that we may email you  
announcements and updates about TCF of Tyler. Tina's email:  
butterfly6@nctv.com ~ Pat's email: pdsettle@wmconnect.com

**New TCF Chapter:** #2291, TCF of Royse City, (469) 723-3008

**Our Annual Candle Lighting Ceremony is Dec. 14, 2008.**  
Watch future newsletters for more information.

**Bonfire September 27, 2008:** We will have a bonfire at  
Carol Johnson's home in September. More details to come.

**Sponsor a Newsletter!** If you would like to sponsor a month-  
ly newsletter by contributing funds, or by copying at your busi-  
ness or organization, please call (903) 258-2547. Businesses,  
church groups, organizations or individuals are welcome. We  
will highlight your sponsorship with an ad or photo and text.





*We need not walk alone.*

“Just as her living made me want to be a better person, her dying will make me a better person if I allow it, because I now carry her with me. I will strive to do and see life the way she would have if she could have stayed here longer.”  
—Julie Short

### May Birthdays



**Jamie Allen**  
5-24-75 ~ 7-8-01  
Son of Cindy & Jim Allen



**Donna Mae Morales**  
5-8-96 ~ 5-14-01  
Daughter of Misty Morales



**Boston Kade Porter**  
5-27-05 ~ 8-12-06  
Son of Kim Porter



**Joshua Carl Tucker**  
5-17-76 ~ 4-15-92  
Son of Judy C. Googins



**Tami Kay Brown Roberts**  
5-17-72 ~ 6-10-00  
Daughter of  
Kenn & Ann Somerville



**Stephanie Harris Reed**  
5-18-79 ~ 9-5-98  
Daughter of Rick & Susan Harris



**Randall Scott McDaniel**  
5-07-88 ~ 3-17-07  
Son of Kathryn Webb



**Jared Sheets**  
5-14-87 ~ 9-27-05  
Son of Carol Johnson



**Brian David Stewart**  
5-16-56 ~ 7-8-56  
Son of Joyce Stewart



**Shanna Marie Redmond**  
5-5-85 ~ 7-30-94  
Daughter of Patricia Miller



**Blythe Madison Harper**  
5-2-03 ~ 3-8-06  
Daughter of  
Stephanie & Joshua Harper



**Stephanie Carol Hester**  
5-9-88 ~ 4-2-04  
Daughter of  
Troy & Glenna Nicolls



**Gabe Levi**  
5-2-79 ~ 6-25-06  
Son of Deborah Hunt



**Lance Alan Massey**  
5-16-80 ~ 7-16-05  
Son of Cindy Massey

### Newsletter Submissions

TCF Tyler welcomes all submissions to our newsletter. Send articles, poetry, love messages and scanned photos to: TCF Tyler, 5401 Hollytree Drive, 1204, Tyler, Texas 75703. Or e-mail text and photos to: [info@TylerTCF.org](mailto:info@TylerTCF.org)

We reserve the right to edit for space and/or content. Deadline for submissions is the 5th of each month. TCF Chapters may copy articles from this publication provided credit is given to the author and the original source. Errors and Omissions: Please notify us if any of your information is incorrect.

### In Loving Memory of Jared Sheets

Thanks to Carol Johnson for donating funds to help with the 2008 Butterfly Release, in memory of her son, Jared Sheets.  
5-14-87 ~ 9-27-05



*Condolences to Ike Weatherly, whose wife Diana passed away.*

*Condolences to Carol Thompson, whose husband Ted passed away.*





*We need not walk alone.*

"The pain doesn't end. It simply reshapes itself into a quiet, soft ache that gives us a gentle, often tearful, reminder that our child will always be with us. And perhaps that is as it should be." —Annette Mennen Baldwin

### May Anniversaries



**Brady Bryant**  
4-30-01 ~ 5-2-01  
Son of Windy & Bradley Bryant



**Daniel Anderson**  
12-27-79 ~ 5-15-95  
Son of Kerry & Cheryl Anderson



**Brandon Weatherly**  
12-14-72 ~ 5-20-95  
Son of Ike & Diana Weatherly



**Jon Lee Hardwick**  
9-29-61 ~ 5-7-77  
Brother of Vicki Johnson



**Colleen Herriage**  
2-23-67 ~ 5-14-83  
Daughter of Ruth Herriage



**Samantha Johnson**  
9-23-86 ~ 5-13-02  
Daughter of  
Dennis & Vicki Johnson



**Justin Clakley**  
2-25-83 ~ 5-15-03  
Son of Teri Clakley



**Joshua Jolley**  
9-29-78 ~ 5-12-02  
Son of Brenda Jolley



**Kenny Ivy**  
3-10-65 ~ 5-12-85  
Son of JoAnne Ivy



**Donna Morales**  
5-8-96 ~ 5-14-01  
Daughter of Misty Morales



**Jarren Moser**  
4-28-00 ~ 5-31-05  
Son of  
Robert & Misty Hendrickson



**Alexander Fleming**  
12-4-89 ~ 5-8-07  
Son of Amy Fleming



**Stephanie Settle**  
12-22-81 ~ 5-27-98  
Daughter of Danny & Pat Settle



**Marshall Charles Donahue**  
10-18-65 ~ 5-18-00  
Son of Joyce Neely



**Leah Zucca**  
9-3-85 ~ 5-10-06  
Daughter of Jim & Cheri Zucca



**Kimberly Pryor**  
1-2-73 ~ 5-30-07  
Daughter of Jerry & Judy Olson



**Terry Wayne Brown**  
7-13-69 ~ 5-27-03  
Son of Claudette Brown



**Kaila McKinsey Payne**  
4-6-03 ~ 5-28-03  
Daughter of Keith Payne



**Jamye Marie Crawford**  
3-20-90 ~ 4-12-05  
Daughter of  
Judy & Robbie Crawford

Editor's Note: We apologize for overlooking Jamye Marie Crawford's anniversary in April.





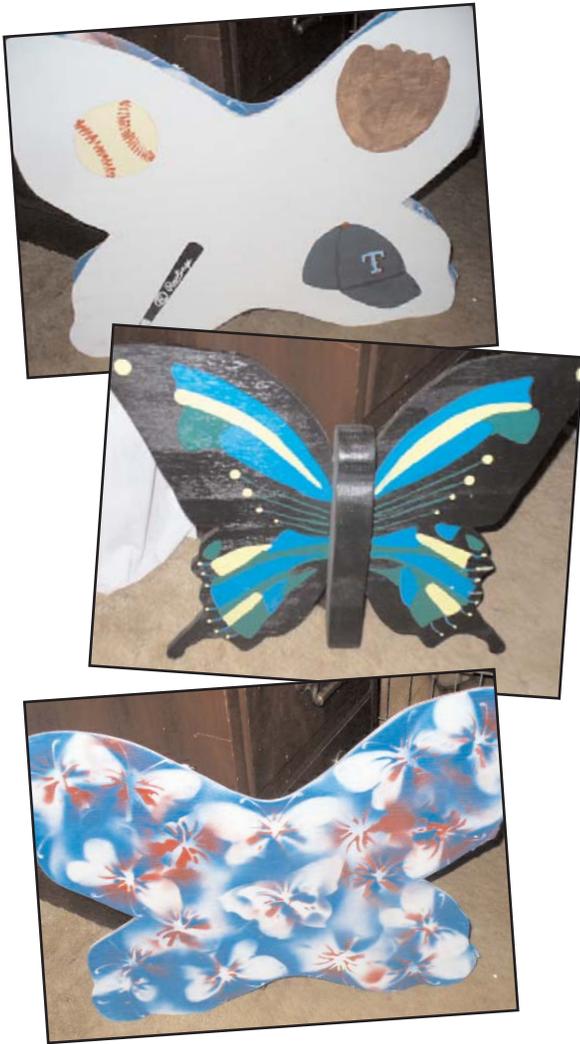
*We need not walk alone.*

“Life goes on whether we want it to or not. Thank God for TCF—a sanctuary where others know how I feel and where I’m coming from. A ‘family’ who gives me the love and support I need to go on.” —*Jenny Feyt*

## Special Butterflies for the Release

If you would like to order a special butterfly for the release for \$20, please contact us at (903) 258-2547.

**A special thank you to David Deramus in memory of Christopher Loper for personalizing the wood butterflies.**



## The Significance of Mother's Day

I don't think I really appreciated the significance of Mother's Day until I myself became one. My life would never be the same and the death of my child did not alter the fact that I am still a mother. I still have the intense feeling of love for my child, a love greater than any I had known before. So as Mother's Day approached, a day on which we recognize the love and pride of motherhood, I too, want to be remembered as a mother.

*By Ginny Smith ~ TCF, Charlottesville, VA*

## When Will The Pain End?

When I look back over my grief journey, I marvel at how far I have come and yet at how poignant and permanent the loss of my son will always be for me. How can this dichotomy exist within one person's mind?

The horror of the news of my son's death, the shock that slammed my mind into numbness, the unremembered conversations, the platitudes that followed the memorial service and the first two months of living in a complete fog of disbelief are very vivid in my mind. The horror is too real to forget. The next six months of melancholy, miserable mourning are forever locked in my mind. The pure physical pain, the piercing jolts when I momentarily thought of something beyond my child's death and was mercilessly slammed back into the finality of death's amputation of my son's smile, laughter and physical presence on this earth are etched for eternity in my soul. My mind simply couldn't accept that Todd was gone from this plane. The first anniversary of his death was a horrifying day worsened by a very bleak and foreshadowing conversation with my son's widow. Life would be much different for my husband and me from this point forward. There were no bridges to the past. She made that clear. I was inconsolable from the impact of her wicked words.

But I made it through the first and second years with help from my Compassionate Friends Chapter. I could cry and scream about the injustice of my loss and all that followed, and each parent understood. Eventually I had told my story enough times to enough people that I subconsciously accepted Todd's death and all the changes in my life that followed.

At some point in my second year of grief I began reaching out to others. Helping others, seeing their pain, hearing their tearful words, had become cathartic for me. The more I helped, the more I was helped. Yes, my son is still with me in my heart and in my memories. The movies of his life play in my mind almost daily. I have made new friends. I have walked away from old acquaintances. I have learned to separate the meaningful from the meaningless. And I have learned that I will always feel the pain of my son's death, yet I must always move forward into hope. Each day brings more hope as I accomplish another piece of my lifelong grief work.

So the dichotomy exists within me. In my heart, mind and soul my child will live forever. The memories of the full measure of each day of his life are there to give me peace and solace. Yet, the brutal pain of my son's death is there, too. Unlike any other love in life, a parent's love is unconditional and transcends all. There is a peace in knowing that. The pain doesn't end. It simply reshapes itself into a quiet, soft ache that gives us a gentle, often tearful, reminder that our child will always be with us. And perhaps that is as it should be.

*Annette Mennen Baldwin In memory of my son, Todd Mennen, TCF, Katy, TX*



*We need not walk alone.*

"Romance fails us and so do friendships, but the relationship of parent and child, less noisy than all others, remains indelible and indestructible, the strongest relationship on earth." —*Theodore Belk*

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## Mother's Day & Graduation

After my daughter Kyra died on November 14 of 2004, one of my first thoughts was I am no longer a mother, because Kyra was my only child. It didn't take me long to realize that that was not true, I am and always will be Kyra's mom. As I have walked my grief journey I have found myself referring to grief as labor. It then came to me that for me, losing Kyra was like giving birth in reverse. I experienced intense emotional and physical pain that I wondered if I could endure, similar to the physical pain of labor, only in grief it lasts for weeks, months and years. It took my breath away, brought me to my knees and often I found myself crying out in anguish and anger, like child birth. It has been over a year and a half since Kyra died and I have felt a break in the pain. It has started back up recently due to graduation but I know it will ease some after May. Some women experience false labor leading up to the birth of their child. I think that those intense pains that come from out of no where and last only a short time is something that I will forever experience. I now realize, that in letting go of her death, I can embrace and carry her spirit with me always. So, I liken grief to giving birth in reverse.

I go from Mother's day to Graduation, because Kyra would have graduated from High School at the end of May. Graduation was something I knew would be hard for me to endure without her here, alive and being part of the celebration. I thought about what Kyra graduating would mean to me and it didn't take me long to come up with, it was going to be my day to celebrate. Kyra was an intelligent child with a low attention span, a need to talk, and lower than I would have liked motivation. It was a frustration that her teachers and I shared. So, homework time was a challenge and I used motivational charts, rewards and even punishment. But, I quickly found that you can't force someone to be motivated and went back to encouraging. I knew that she would come around and become motivated and I started seeing it her Junior year the year she died. I thought that graduation would be the reward for all the long nights and constantly trying to encourage and motivate. Well, it's not to be and I had to decide how will I endure graduation. I began to think about all she is missing. I believe in Heaven so I don't believe she is missing any joy or good times, because I believe she is now experiencing indescribable joy and unimaginable good times. The reality of what she is missing is, she is missing misery, pain, frustration, disappointment, a broken heart, grief, hopelessness and agony. And I am missing her incredible, joy and zest for life, her strong faith, beautiful smile and her wonderful heart.

As I close I remember when I was pregnant with Kyra, I took two helpings of food because I said I'm eating for two. Now I will try my best to live life to the fullest and be all that I can because now I'm living for two. Just as her living made me want to be a better person, her dying will make me a better person if I allow it, because I now carry her with me. I will strive to do and see life the way she would have if she could have stayed here longer.

*Julie Short ~ In Loving Memory of Kyra ~ TCF, Southeastern, IL*

## Journaling to Heal

Each time I look back over my grief journey, I remember the important role that journaling played in my first and second years of grief. Handwritten entries, some sentences, sometimes just a few words describing my emotions, helped me to define where I was in my daily life. As I review the tear-stained pages, I am reminded of the deep, deep pain and the catharsis of the journal. Whether I was angry, in pain, deeply depressed or just too exhausted to think, I wrote a few words, maybe even a few lines each day. I saw it as my connection to my son.

As time progressed, my journaling became writing and eventually I returned to the computer and began forming coherent thoughts and sentences, with subjects and messages to my child, myself and to others. But the process started with the healing of the journal. I learned to be very honest with myself in my journal because I never shared it with anyone. I didn't put on a mask or rationalize in my journal, as no one else would be reading it. I was completely candid, and I soon recognized my weaknesses, regrets, strengths and successes. Pure honesty and great insight were achieved in my journal's conversation with myself.

Grief therapists recommend journaling to bereaved parents quite frequently. Some people are able to find an outlet for their daily roller coaster of emotions through journaling. Some seek answers and others seek questions. Many parents feel they are connecting with their child through their journal. There are as many reasons to journal as there are types of journals.

While journaling may not be for everyone, we encourage each of you to at least attempt it for a week. Give it your best effort. If, as some have found, it offers you nothing and is a chore, not a treasured time, then stop and seek other forms of outlet. But if, as many have found, it offers you a place for your thoughts, your messages, your self-revelation and self-evaluation as well as a refuge from the world, then by all means, continue to journal.

*Annette Mennen Baldwin  
In memory of my son, Todd Mennen  
TCF, Katy, TX*





*We need not walk alone.*

“Of course, nothing can wipe away much of your pain, but sharing grief is helpful. You will know that after you have expressed the painful sorrow you once kept hidden, and you find yourself, finally, smiling at the memories and the blessings of past summertimes.” —*Sascha Wagner*

## The Butterfly

I asked God to send me one so I would know,  
 She is in heaven with beautiful wings she is proud to Show,  
 And sure enough on that day  
 It was fluttering around me and I knew it was her  
 Trying to say...  
 Tell everyone I'm fine,  
 Tell everyone I'm great,  
 And when it's theirs and your turn,  
 I'll be waiting for you at those pearly gates.  
 And until then I will be here  
 Watching over you until you appear  
 Until then you will know if you're smart,  
 I'll be forever and always in your heart.  
 So live like there is no tomorrow and smile everyday,  
 For you know you will see me,  
 When you spread your wings and finally come home  
 To Stay.

*By Caitlin Daniels, April 26, 2004  
 In Memory of Sarah D. Harvey*

## Seasoned Grief

From We Need Not Walk Alone, Spring 1999 Issue  
 There used to be a point to summing up a year just past  
 not as a personal accomplishment but as a reflection.  
 Leaving previous hurts behind was welcomed  
 and the sensible thing to do.  
 I thought I was getting wiser as I was getting older.

With new years clean and full of possibilities,  
 becoming another person seemed simple,  
 another chance at getting it right,  
 like a redemption, being forgiven for  
 having blundered or been found wanting.

But death changed everything, without permission.  
 Resolutions, made sincerely and broken quickly,  
 offended my need to hold on to the past,  
 to rewind life, fast backwards,  
 so I could capture what I had lost.

Still, time went on, regardless of my pleas.  
 And when exhaustion set in, as eventually it must,  
 I understood there would be another future,  
 not the one I thought I had the right to expect  
 but one where I dared carry hope in my heart again.

©1999 by *Eva Lager*  
*Eva Lager ~ TCF, Perth, Western Australia*

## Early Spring Drive

Young leaves of green and yellow,  
 falling too soon before my windshield in early spring,  
 remind me that the natural order  
 may summon its own variance.

These leaves will not flutter gracefully  
 as expected on trees of spring and summer,  
 shading, cooling and delighting.

They have fallen to the ground long before their season,  
 knowing other leaves will join them in future autumn.

*Carol Thompson ~ TCF, Tyler, Texas  
 In memory of Sarah, 3-7-2007*

## It Will Be Another Birthday Without You

The sun will shine  
 roses bloom, geese fly  
 throughout the sky

stocks will trade,  
 the weatherman predict  
 politicians debate

it'll seem like another day  
 just a day, same 24 hours  
 not a special holiday

But to this mother  
 who will stand at the grave  
 lifting balloons into the sky

serving angelfood cupcakes  
 with rainbow icing  
 coated with tears

fluctuating between emotions:  
 the grief over death  
 the celebration over birth

For this mother  
 it will be yet  
 another birthday without you.

In Memory of Daniel

*Alice J. Wisler ~ TCF, Wake County, NC*

# The Compassionate Friends of Tyler

P.O. Box 9714  
Tyler, TX 75711

We are happy to send our newsletter to you. We hope that it is helpful to you to be kept informed of chapter resources and activities and that you still wish to receive our newsletters that contain excellent material relating to grief issues.

To keep our mailing list current, we do ask to hear from you each year making sure that our information is correct and that you still wish to receive our mailings. If we did not hear from you in the last year please indicate any appropriate choices below and return the form to the address at the bottom of this page.

Your Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Death Date: \_\_\_\_\_ Cause of Death: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please check any of following that apply.

Please continue sending the newsletter.

No thank you, I'd prefer to stop receiving the newsletter.

Please include my child's name and picture in the slide presentation at the Candle Lighting Ceremony.

Please include my child's picture and information on the TCF-Tyler Web site. ([www.TylerTCF.org](http://www.TylerTCF.org))

I am enclosing a memorial to support The Compassionate Friends in the amount of \_\_\_\_\_  
Please make check payable to TCF

In memory of \_\_\_\_\_

The continuation of this chapter's work depends on donations. If you have not taken the opportunity to give a donation in memory of your child please consider taking this time to give a gift that will help reach out to other newly bereaved parents.

We must have your written permission on file to use your child's name and/or picture in the newsletter, Web site, Candle Lighting Ceremony or any other TCF event. Permission may be withdrawn at any time by written request. This information is used to maintain our Chapter Database. It is confidential and is only utilized for Chapter activities such as the newsletter.

\_\_\_\_\_  
(Signature) Date: \_\_\_\_\_

Please return completed form to: The Compassionate Friends of Tyler, P.O. Box 9714, Tyler, TX 75711



**"I don't think you ever stop giving. I really don't. I think it's an on-going process. And it's not just about being able to write a check. It's being able to touch somebody's life." —Oprah Winfrey**



# THE COMPASSIONATE FRIENDS

P.O. Box 9714  
Tyler, Texas 75711



*We need not walk alone.*



[www.TylerTCF.org](http://www.TylerTCF.org)